

Social Determinants of Health

Presented by:

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Objectives

Discuss Social Determinants of Health

Understand the impacts Social Determinants of Health have on kidney disease

Recognize how unconscious bias affects patient care

Discuss how you can address SDOH and be a patient advocate

Identify two ways you can apply this information in your daily role

What are Social Determinants of Health (SDOH)?

The World Health Organization describes SDOH as environmental and social factors that influence health outcomes in which people are

Born

Grow

Work

Live

Age



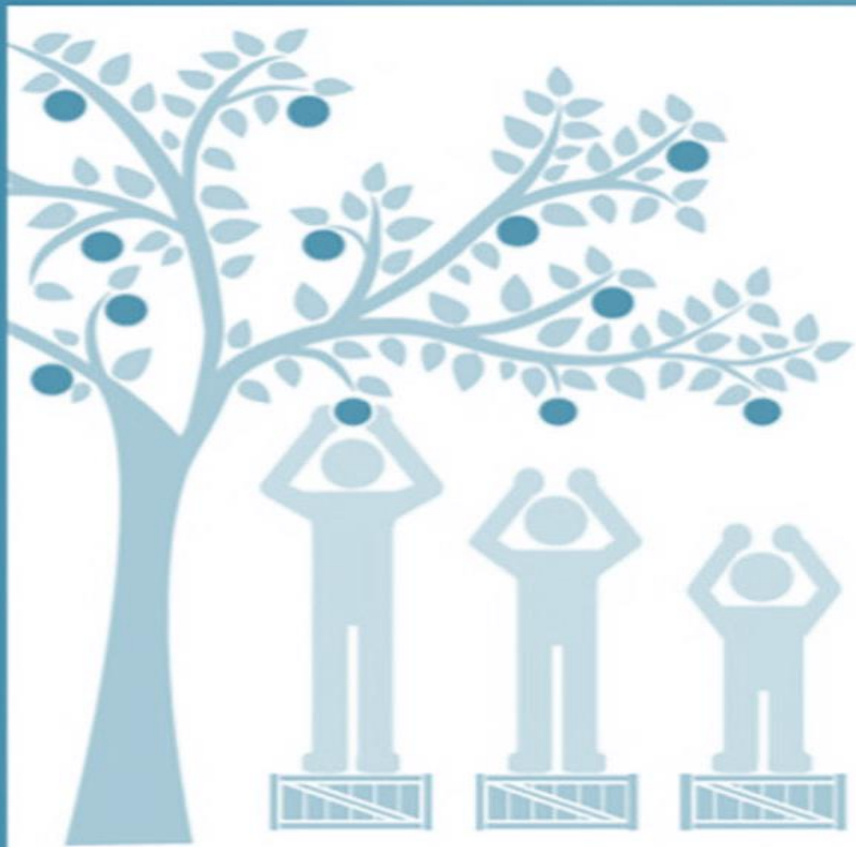
Along with a broad range of forces and systems that shape the conditions of daily life

economic policies and systems, development agendas, social norms, social policies, and political systems

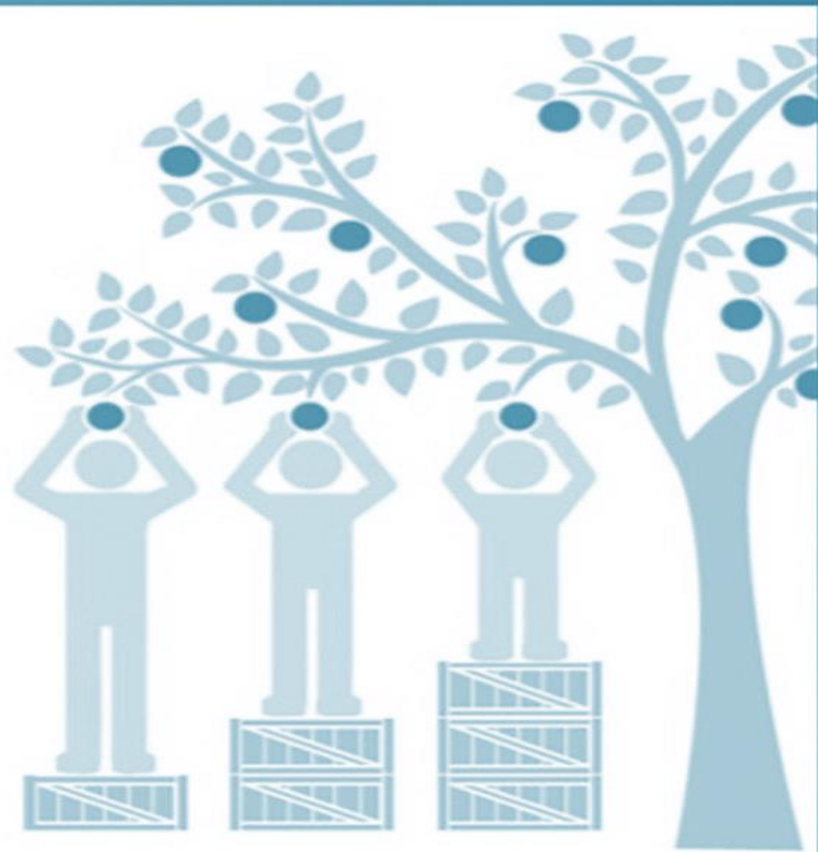
Examples of SDOH Influencing Health Equity

The National Kidney Foundation has created a comprehensive list of examples that can have positive and negative impacts on health, well being, and quality of life for patients with kidney disease.





Equality



Equity

Health Inequity

- Inequitable access to care
- Difference in health status or resources between different population groups due to social factors
- Systematic differences that could be reduced by government policy
- Increased risk of poor health associated with an individual's lower socio-economic status across all countries

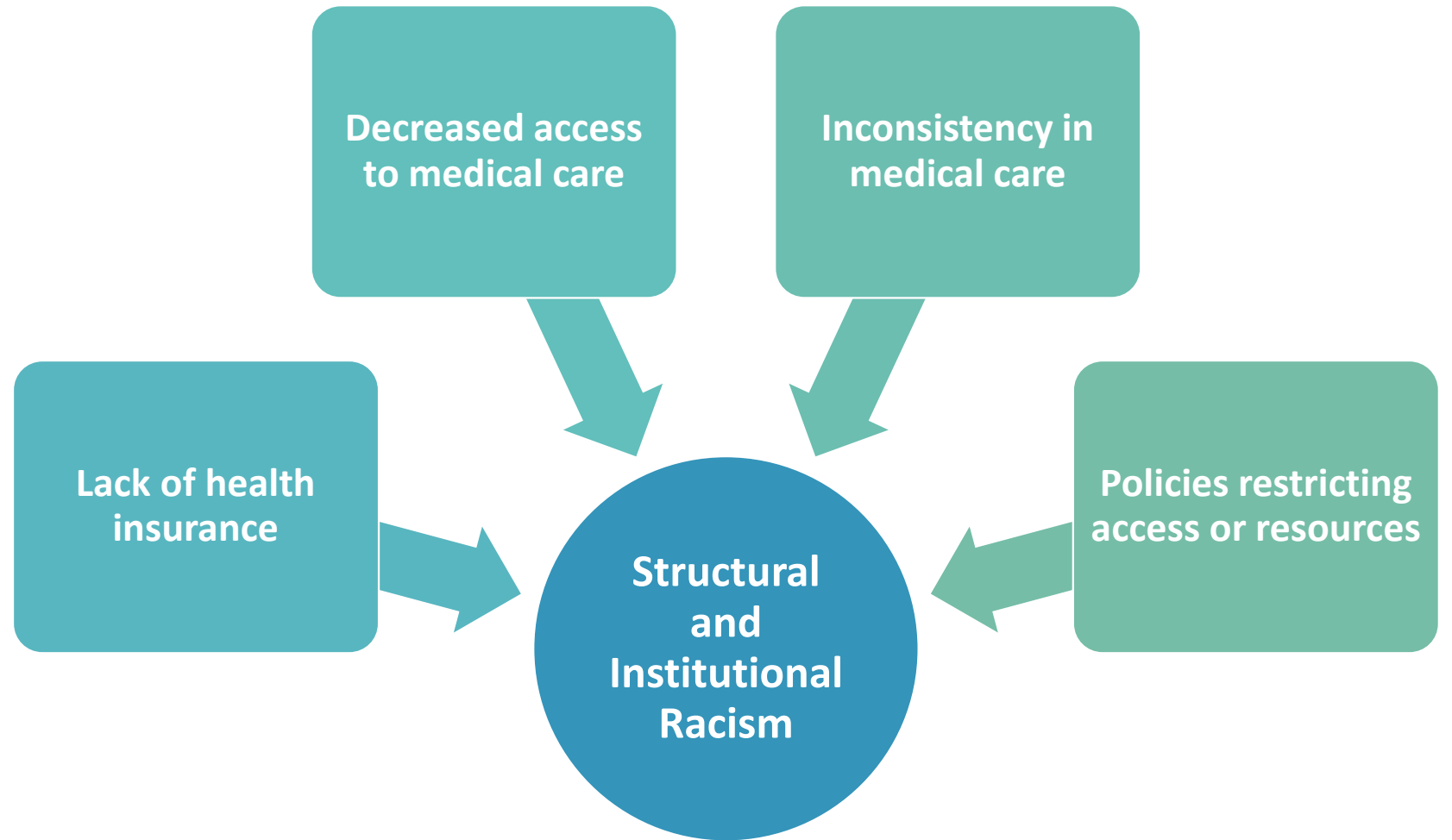
Health Disparities

- Diseases such as HIV, Viral Hepatitis, Sexually Transmitted Diseases (STDs), and Tuberculosis (TB) occur at greater levels among various populations
- Differences noted by gender, race or ethnicity, education, income, disability, geographic location, and sexual orientation
- Poverty, unequal access to health care, lack of education, stigma, and racism negatively impact health

SDOH Impacts for Patients at Risk for Kidney Disease

- 90% of people with Chronic Kidney Disease (CKD) are not aware they have this disease
- Lower socioeconomic status contributes to a higher prevalence and incidence of CKD and End Stage Renal Disease (ESRD)
- Americans with fewer than 12 years of education have greater prevalence of lower kidney function

Racial Disparities Contributing to Kidney Disease



What is Unconscious (Implicit) Bias?



[Unconscious Bias Video](#)

How does Unconscious Bias impact patient care?

- Lack of awareness of own biases can influence judgement
- Leads to unethical treatment
- Discrimination of patient without intent
- Leads to false assumption or negative outcomes
- Contributes to inequalities in care

How can we be aware of Unconscious Bias?

- Assess your own possible biases
- Recognize and identify bias
- Cultural competence
- Diversity training
- Individualization of patients

Take a test to
uncover your
Implicit Bias

- [Implicit Bias Test](#)

What can we do to address SDOH?

- Foster a culture of inclusion
- Recognize SDOH factors that impact your patients
- Educate others on SDOH and how they can incorporate this information into their care
- Lead approach or collaborate with others to develop policy or solution
- Collaborate within community and organizations to identify local concerns and address gaps
- Stay abreast on legislation and potential impacts to SDOH

CDC's Framework to Address SDOH

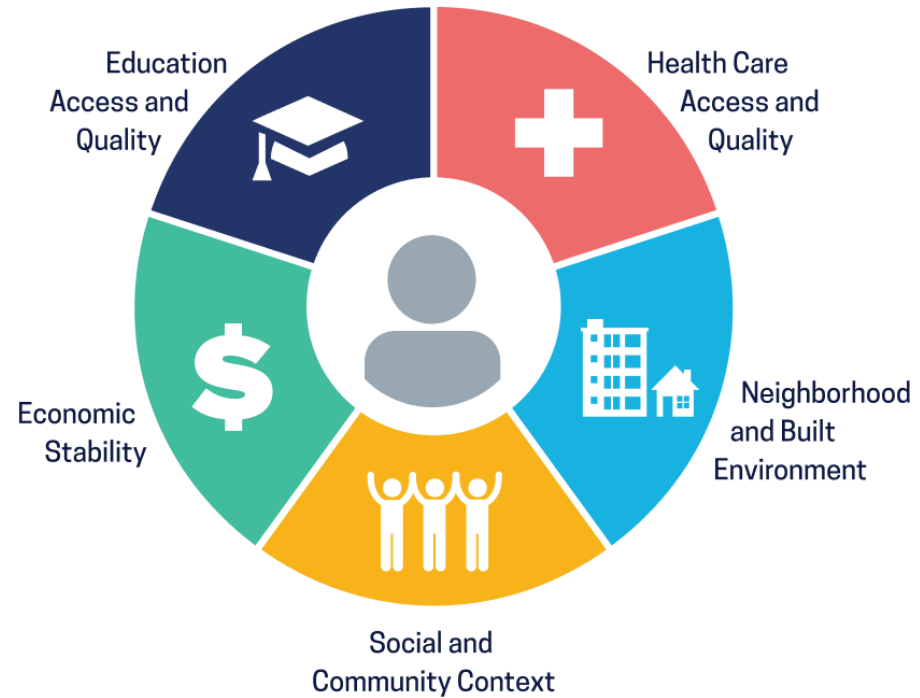


CDC's Framework Overview

- Data and surveillance:
 - Standardized approach to collection, analysis, and dissemination of data
- Evaluation and evidence building:
 - Advance and build strategies to address SDOH using evidence-based practice
- Partnerships and collaboration:
 - Criteria and action steps to promote collaboration and partnerships
- Community engagement:
 - Cultivate community engagement
- Infrastructure and capacity:
 - Strengthen and sustain resources needed to address SDOH
- Policy and law:
 - Identify and communicate policies that impact SDOH with stakeholders

Healthy People 2030 Goals

Social Determinants of Health



Healthy People 2030 Overview

- Earn steady incomes
 - 1 in 10 live in poverty within the United States
- Increase educational opportunities
 - Promoting healthier lives and longevity
- Increase access to high quality care
 - 1 in 10 do not have health insurance within the United States
- Create environments that promote health and safety
 - Improving health and well being where they live, work, and play
- Increase social and community support
 - Creating positive relationships for all members of the community

Michelle Simmons Story

- [Minority Health Disparities-Michelle's Story](#)

The slide features two large, solid blue geometric shapes. On the left, there is a trapezoidal shape that is wider at the top and tapers towards the bottom. On the right, there is a triangular shape pointing towards the center. The word "Questions" is centered in the white space between these shapes.

Questions

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